



RSVP



ride from seattle to vancouver, b.c. and party!

August 14 - 15, 2009

28th Edition

A Cascade Bicycle Club Event

Registration

RSVP is limited to **1,300** riders. Entries must be postmarked by August 5. If you register online the fee is **\$90** (U.S.). If you register using this form the fee is **\$105** (U.S.) Cascade Bicycle Club members receive a \$10 discount. The registration fee provides social/food stops, baggage transport to Bellingham and Vancouver B.C., bib number, route guide, route markings and souvenir. This ride has limited road support and riders need to be very self sufficient. There is **NO** day-of-ride registration. No refunds for any reason.

Minors

Riders under 18 must have a passport and a letter of permission to cross the border. Riders under 18 must also have the medical release on the back of their bib signed by a parent or guardian (hospitals deny care to minors without signature of guardian). Adult supervision for minors is required.

Rider Packets

Rider bib numbers and packets will be mailed the week of July 27. If you register after July 27 you will need to pick up your packet at the start line.

Mechanical Support

RSVP provides limited on route mechanical support. Labor is free, but please be prepared to pay for parts. RSVP is a challenging event, requiring endurance and training. Be prepared to handle your own mechanical problems on the road.

The Ride

Enjoy 183 miles of scenic backroads while riding 103 miles on Friday and 80 miles on Saturday. We start in Seattle at Warren G. Magnuson Park and finish in downtown Vancouver, Canada. The finish line festival includes a no-host bar and live music. This challenging event could be the highlight of your year!

Start Line

The ride starts **Friday**, August 14, between 6:30 - 7:30 AM, from Cascade Bicycle Club in Warren G. Magnuson Park at 7400 Sand Point Way NE. Friday and Saturday overnight parking is available for \$15 (see registration form). Please be prompt; the baggage truck will leave the start line at 7:45 AM.

Social/Food Stops

There is one official social/food stop each day of the ride. Additionally, many restaurants and food stores dot the route and we encourage riders to stop for snacks or lunch in the communities along the way.

Baggage Service

Our truck will carry your gear to one of three baggage drops in Bellingham; the Days Inn, Western Washington University, and the Best Western Heritage Inn. Limit your baggage to 2-cubic feet in volume, the equivalent of two panniers. Each bag must be well-secured and clearly marked with a luggage tag. (Detach the tags from your bib). Pack lightly as you will be transporting your luggage from the baggage drops. At the start line, please place your luggage next to the truck to ensure it is not left in the parking area. The WWU Rugby Club will again be offering "Sherpa Bag Service" for a fee to most local hotels. More information will be included in your rider packet.

Border Crossing - Very Important!

We're going to a foreign country! Please respect customs laws. Since RSVP crosses into Canada, you are **REQUIRED to carry a Passport or Enhanced Drivers License!**

Finish Line & Party

Finish your two-day adventure in downtown Vancouver, B.C. on Saturday, August 15, at the The Coast Plaza Suite Hotel. A bicycle parking and finish area will be set up in the hotel garage. RSVP participants may store their bicycles in this bike corral. Join us from 1:30 - 6:30 PM on Saturday at the hotel for an outdoor reception and a no-host cash bar.



REGISTER ONLINE AND SAVE: WWW.CASCADE.ORG

Ride SMART Tips

Stay alert—watch for obstacles, other cars, and other riders.

Move off the road when stopping—pull completely off the road to let cars and riders pass; do not block driveways or intersections.

Act like a car—obey all traffic laws and stop at stop signs

Retain space between yourself and others—leave enough room to dodge obstacles.

Tell others when passing and pass on left.

Remember, Single File is Safer!

Return Transportation

Return transportation to Seattle by chartered bus (you) and truck (your bike) on Sunday, August 16, is available for \$55. Space is LIMITED so book early. Transportation for your bike only back to the start line is \$25. If you add transportation AFTER you register there is an additional \$10 late fee. In either case you must pick up your bike on Sunday, August 16, between 3-5 pm. Unclaimed bicycles will be stored at the Cascade Bicycle Club offices for a fee of \$10 per day. **You can add return transportation after you register but the price increases by \$10 and space is LIMITED!**

Sunday Bus/Bike Loading (in front of Hotel)

Bikes will start loading at 8:30 am. Buses start loading at 10:30 AM. The bike trucks and all buses will leave at the same time - approximately 11:00 AM and should return to start line around 3:00 PM. Departure location is **The Coast Plaza Suite Hotel**. If you are using this service **YOU MUST** include your bike model and serial number in the space provided on the registration form. **This is required by U.S. Customs. It is understood by those utilizing this service that the maximum liability of Bekins Moving and Storage Co. and Cascade Bicycle Club shall be sixty cents per pound for the actual weight of any lost or damaged articles.**

Event Merchandise

RSVP T-shirts, jerseys, etc. can be purchased online at www.cascade.org. Limited sizes are available at the start and finish lines.

Event Information

Cascade Bicycle Club
Attn: RSVP, PO Box 15165, Seattle, WA 98115
www.cascade.org or 1-888-334-BIKE
events@cascadebicycleclub.org

Seattle Lodging

(Approximately 2 miles from start line)

Silver Cloud Inn, U - Village	800-205-6940
University Inn	800-733-3855
Watertown Hotel	866-944-4242
Travelodge, U-Village	206-525-4612
Seattle-King County Visitors Bureau	206-461-5840



Accommodations

Riders must make their own arrangements for accommodations. Some locations have special restrictions so make sure to ask. Make reservations early and don't forget about the Canadian exchange rates.

BELLINGHAM LODGING (Day 1)

Baggage Drop Locations in Bellingham

- 1) Days Inn** (215 N. Samish Way) 360-734-8830
- 2) Western Washington University** (reservation form online at the RSVP site at www.cascade.org)
- 3) Best Western Heritage Inn** (151 E. McLeod Rd.) 800-528-1234

Close to Days Inn baggage drop

Bay City Motor Inn (116 N. Samish Way)	800-538-8204
Motel 6 (3701 Byron Street)	360-671-4494
Travelodge (101 N. Samish Way)	360-733-8280

Approximately 1/2 mile from Days Inn baggage drop

Best Western Lakeway Inn (714 Lakeway Dr.)	888-671-1011
Bellingham Inn (202 E. Holly St.)	360-734-1900
Hotel Bellwether (1 Bellwether Way)	360-392-3100
Val-U Inn (805 Lakeway Dr.)	800-443-7777

Approximately 1 mile from Best Western baggage drop

Comfort Inn (4282 Guide Meridian)	800-228-5150
La Quinta (125 Kellogg Rd.)	360-671-6200
Holiday Inn Express (4160 Guide Meridian)	360-671-4800
Quality Inn Baron Suites (100 E. Kellogg Rd.)	800-221-2222
Rode Way Inn (3710 Guide Meridian)	800-228-2000
Travel House Inn (3750 Guide Meridian)	800-633-8300

Approximately 5 miles from Days Inn baggage drop

The Chrysalis Inn & Spa (804 10th St.)	888-808-0005
Fairhaven Village Inn (1200 10th St.)	877-733-1100
Bellingham Visitors Info Center (www.bellingham.org)	360-671-3990

VANCOUVER LODGING (Day 2)

The Coast Plaza Suite Hotel (finish line party and baggage drop)
1763 Comox Street, Vancouver, BC

www.coasthotels.com 800-663-1144

Blue Horizon	800-663-1333
Bosman's Motor Hotel	800-663-7840
Days Inn	800-325-2525
Dufferin Hotel	604-683-4251
Lord Stanley Suites	888-767-7829
O'Douls Best Western Hotel	800-663-5491
Quality Inn	800-663-8474
St. Regis Hotel	604-681-1135
The Burrard Motor Inn	604-681-2331
The Century Plaza Hotel	800-663-1818
The Sands Best Western	800-663-9151
The Sylvia Hotel	604-681-9321
Travelodge	800-255-3050
YWCA	604-895-5830
Tourism British Columbia	800-663-6000

REGISTER ONLINE: WWW.CASCADE.ORG

OFFICIAL USE ONLY

Mail In Registration Deadline, August 5

Online Registration Deadline, August 9

MAIL TO: CASCADE BICYCLE CLUB, ATTN: RSVP,

P.O. BOX 15165, SEATTLE, WA 98115-0165

NO DAY OF RIDE REGISTRATION

RSVP

August 14-15, 2009

RSVP 2009 Registration (One rider per form, children need their own form and tandems need two).

TO COMPLETE YOUR REGISTRATION, YOU MUST FILL OUT THIS PAGE AND SIGN RELEASE AGREEMENT ON BACK.

CASCADE MEMBERSHIP #	LAST NAME	FIRST NAME	M.I.	DATE OF BIRTH	MALE FEMALE <input type="checkbox"/> <input type="checkbox"/>
E-MAIL (you will get confirmation and event information via e-mail)		HOME PHONE () ()	WORK PHONE () ()		
ADDRESS		APT.#	CITY	ZIP	STATE COUNTRY
*BIKE MODEL & SERIAL # (REQUIRED IF BIKE IS TO BE SHIPPED BACK)			I HAVE RIDDEN RSVP _____ TIMES BEFORE		

Register Online at www.cascade.org for \$90 + active.com service fee.

Entry Fee	A Passport or Enhanced Drivers License is REQUIRED to ride RSVP!	\$105
Late Registration Fee – After July 15 add \$15		\$
Transportation	Back to start line for you and your bike, Sunday, August 16th <input type="checkbox"/> \$55 Bike shipment only Sunday, August 16th <input type="checkbox"/> \$25 Bike storage at Cascade Bicycle Club (Post Event) _____ days @ \$10 per day	\$
Overnight Parking Fri. & Sat. nights at the start line at Magnuson Park for	\$15.	\$
*SPECIAL NOTE: If you are signing up for return transportation for <u>your bike</u> , you MUST include your bike model and serial # in the space provided above.		
Cascade Member Discount (if applicable) Subtract \$10		\$ -
Cascade Membership (Join now and receive a discount on RSVP and all other Club rides. See form on back.)		\$
Yes! I want to make a tax-deductible donation to the Cascade Bicycle Club Education Foundation, a 501(c)(3) charitable organization, for education of kids, adults and community.	<input type="checkbox"/> \$250 <input type="checkbox"/> \$100 <input type="checkbox"/> \$50 <input type="checkbox"/> \$25 <input type="checkbox"/> \$10 <input type="checkbox"/> \$ _____ Other	\$
PAYABLE TO CASCADE BICYCLE CLUB IN U.S. FUNDS ONLY. SORRY, NO REFUNDS. AMOUNT PAID.		\$

Rider Packets will be mailed to all riders whose registration is received on or before August 6. After that packets will be available at the start line.

PLEASE SIGN THE RELEASE AGREEMENT ON THE BACK OR REGISTRATION IS NOT VALID

Credit Card Payment Information (PLEASE PRINT CLEARLY)

Mastercard VISA ONLY

CREDIT CARD NUMBER	EXPIRATION DATE
SIGNATURE	CARDHOLDER NAME

To promote the interests of cyclists and cycling, we occasionally share names with other organizations. If you do not want your name shared, please check here.

Note: Membership contributions or gifts to Cascade Bicycle Club 501(C)(4) are not deductible as charitable contributions for federal income tax purposes. Contributions or gifts to Cascade Bicycle Club Education Foundation 501(C)(3) are tax-deductible as a charitable contributions for federal income tax purposes.



